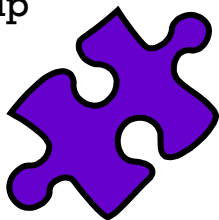


What does a resilient child look like?

Resilient Children are
considered to be:

- More responsive and can elicit more positive responses from others,
- More flexible and adaptable even as babies,
- Have a healthy sense of humor,
- Have impulse control,
- Have self discipline,
- And tend to have high self-esteem

The **Care Coordination**
Program can help
establish
resiliency in
your child and
family.



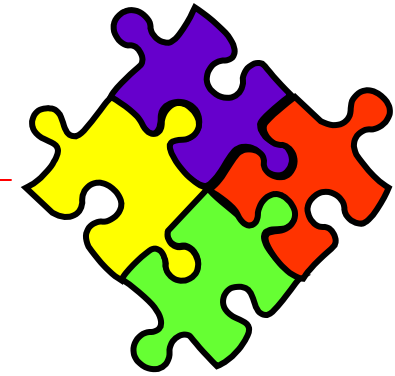
Center for Children, Inc.

Charles County
6100 Radio Station Road
PO Box 2924
La Plata, MD 20646
301-609-9887
301-609-7284 - Fax

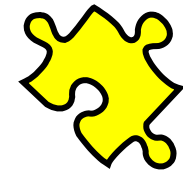
St. Mary's County
41900 Fenwick St., Suite 1
Leonardtown, MD 20650
301-475-8860
301-475-3843-Fax

Calvert County
489 Main Street, Suite 202
Prince Fredrick, MD 20678
410-535-3047
410-535-3890-Fax

Anne Arundel County
1125 West St.
Annapolis, MD 21401
301-904-4851



Care Coordination: Mental Health Case Management for Children and Youth



Building Resiliency in Youth



What is Care Coordination?

Care Coordination is based upon an intensive evidence based practice called **Wraparound** which empowers families to achieve their vision through a collaborative, strength based, and family centered process. Children and youth between the ages of 4 and 18 who are currently involved in the public mental health system are able to access care coordination services. Services are offered within the home in order to best accommodate the family. The length of time in the program and frequency of visits depends on the needs of the family and the level of service that they are authorized at.

Levels of Care Coordination

Level I

General Care Coordination

- Allows for 12 fifteen minute units of service a month in order to coordinate care and link to resources.

Level II

Moderate Care Coordination

- Allows for 30 fifteen minute units of service a month in order to coordinate care and link to resources.

Level III

Intensive Care Coordination

- The identified participant must have a serious mental health disorder that has resulted in multiple hospitalizations or out of home placements.
- Allows for 60 fifteen minute units of service a month.

How does Care Coordination work?

- Once a referral is made an intake will be scheduled by the Care Coordinator to gather information and identify the families needs.
- The Care Coordinator will then work with the family to identify their family vision along with the people who the family feels offer them support. These people will be invited to be a member of their child and family team (CFT).
- Together the CFT will :
 - Work to understand the families story
 - Build a team of supports
 - Develop a family plan
 - Meet as needed to assess progress
 - Coordinate services in a collaborative manner until the families needs are met

